

We never eat out

Most families in Morocco cook at home. I live in Jerada, My family is not poor, but we don't go to restaurants.



My mother is a house wife so she always prepares food for us. We all come back home for lunch and dinner.

We often eat tagine with meat or chicken. Occasionally we have special dishes for example harira and couscous (once a week on Friday).

The food we eat is natural, healthy and delicious.

I think people go to restaurants when they can't cook at home or they don't have the time.

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